



M.S. Ortho Trauma & Joint Replacement Surgeon

F.A.R.S. (Germany)

To whomsoever it may concern

01/AUG/2023

This is to bring to notice about change in my practice in treating carpal tunnel syndrome since I came to know about novel and precise mini-incision technique developed by Dr. Carmo from Portugal.

I have been using the Insight-precision technique, developed by Dr. Carmo since 2019. My experience with it has been extremely positive.

It has all advantage of endoscopic carpal tunnel release surgery, as well as cost effective compared to it.

I have incorporated in my practice management of CTR surgery under WALANT { wide awake local anaesthesia no torniquet } with Dr. Carmo`s Insight Precision Technique

The degree of satisfaction of my patients has been very good. We had no complications so far. No post-op. scar or pillar pain, neurovascular problems or recurrences.

Easy post-op. recovery and early return to daily routine household activities especially in women.

I plan to continue to use this technique for all my CTS cases and strongly recommending to my colleagues .

Sincerely,

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